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### **Informed Consent/Disclosure Statement**

The State of Colorado requires that all mental health counselors and psychotherapists provide their new clients the following information at the first session.

1. I am a Licensed Professional Counselor (LPC), 4746, in Colorado. Should you have any questions as to my training or professional background that are not answered below, please feel free to bring them to my attention.

Training and Degrees:

- BA in Journalism, Auburn University, Auburn, Alabama (1994)
  - MA in Counseling, Reformed Theological Seminary, Oviedo, Florida (2005)
2. The Colorado Department of Regulatory Agencies has the general responsibility of regulating the practice of licensed psychologists, licensed social workers, licensed professional counselors, licensed marriage and family therapists, licensed school psychologists practicing outside the school setting, and unlicensed individuals who practice psychotherapy.

The agency within the Department that has responsibility specifically for licensed and unlicensed psychotherapists is the Department of Regulatory Agencies, Mental Health Section, 1560 Broadway, Suite 1350, Denver, Colorado 80202, (303) 894-7766.

3. Client Rights and Important information:
  - ❖ You are entitled to receive information from me about my methods of therapy, the techniques I use, the duration of your therapy (if I can determine it), and my fee structure. Please ask if you would like to receive this information.
  - ❖ You can seek a second opinion from another therapist or terminate therapy at any time.
  - ❖ In a professional relationship (such as ours), sexual intimacy between a therapist and a client is never appropriate. If sexual intimacy occurs, it should be reported to the Department of Regulatory Agencies, Mental Health Section.
  - ❖ Generally speaking, the information provided by and to a client during therapy sessions is legally confidential if the therapist is a licensed marriage and family therapist, a licensed social worker, a licensed professional counselor, a licensed psychologist, or an unlicensed psychotherapist. If the information is legally confidential, the therapist cannot be forced to disclose the information without the client's consent.

Information disclosed to a licensed marriage and family therapist, a licensed social worker, a licensed professional counselor, a licensed psychologist, or an unlicensed psychotherapist is privileged communication and cannot be disclosed in any court of competent jurisdiction in the State of Colorado without consent of the person to whom the testimony sought relates.

**There are exceptions to the general rule of legal confidentiality.** These exceptions are listed in Colorado statutes (C.R.S. 12-43-218). You should be aware that provisions concerning disclosure of confidential communications shall not apply to any delinquency or criminal proceedings, except as provided in section 12-90-107 C.R.S. There are exceptions that I will identify to you as the situations arise during therapy.

Again, if you have any questions or would like additional information, please feel free to ask.

As a client, I have read and understand, or have asked for clarification about, the preceding information and policies on this form and understand my rights as a client/patient. I consent to receiving counseling services under these conditions.

\_\_\_\_\_  
Client/Patient Signature

\_\_\_\_\_  
Date

\_\_\_\_\_  
Therapist

\_\_\_\_\_  
Date